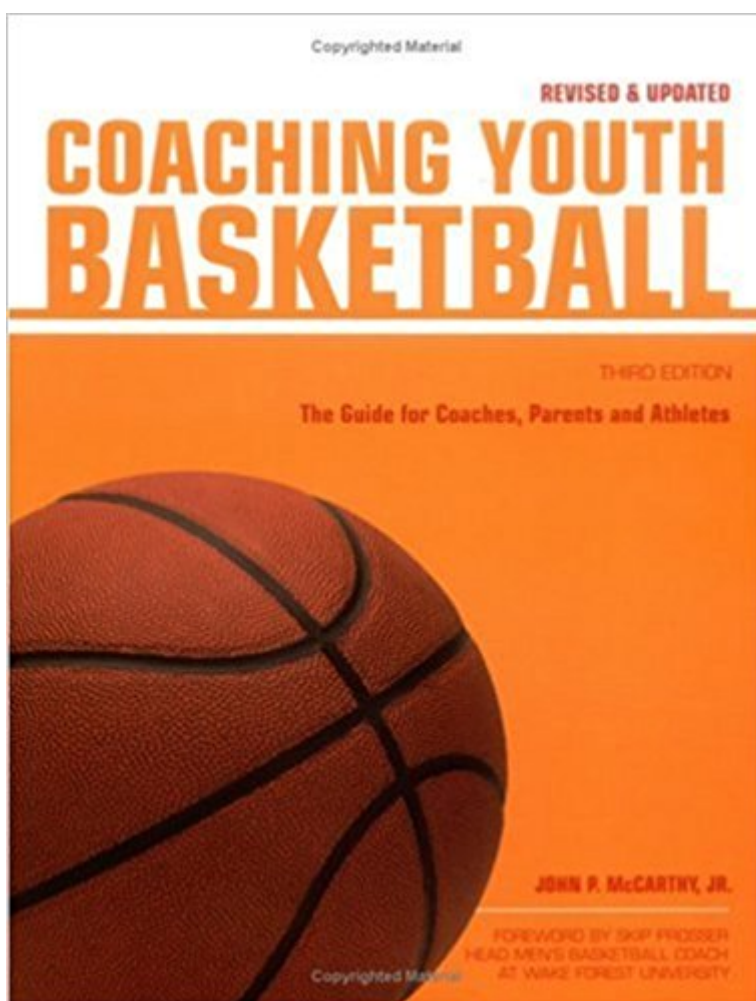


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# Coaching Youth Basketball: The Guide For Coaches & Parents (Betterway Coaching Kids)



## Synopsis

The Guide for a Fun and Successful Basketball Season! Do you need some guidance before you start coaching this basketball season? Coaching Youth Basketball, 3rd edition gives you everything you need to make this season a success. It covers all of basketball's fundamentals and gives coaching tips for every aspect of the game including: dribbling and passing skills, proper shooting technique for all types of shots, offensive concepts and plays for beginner and intermediate players, defensive tactics for getting the ball back, the responsibilities of centers, forwards, and guards, how to work together as a team. You'll also find template practice plans you can adjust for your own use, step-by-step drills and plays, conditioning ideas, first aid information, and an explanation of the game's rules. Plus, a glossary and skills checklists at the end of the book help you learn and teach the language and skills of basketball quickly and effectively.

## Book Information

Series: Betterway Coaching Kids

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## Customer Reviews

John P. McCarthy has played and coached numerous sports all his life. As a parent, grandparent, and coach he knows that athletic competition builds self-respect in young people. He is the author of several books on coaching including Coaching Youth Football and Coaching Youth Soccer.

This book does a good job of covering the basics, including the fundamental of shooting, dribbling, passing, pick and roll, give and go, fakes, etc. with good photos. Good section on defense fundamentals too. There are also sections on offense and defense (both man-to-man & zone) with

diagrams. There are sections for coaches including running a practice complete with a check list. A good section for parents is added complete with motivational phrases.

New coaches should always look to better their skills and this book shows some basic insight that you may not have when coaching youth. Some of this info is golden. Good book to have in the library.

I was asked to coach my son's basketball team for the YMCA. Not being a big fan of the game, I needed a good introduction and skill fundamentals for third and fourth graders. The book covered all aspect for someone new at coaching basketball.

A wonderful book. Short (156 pp.) and highly readable, McCarthy makes it all very simple. McCarthy covers the fundamentals (footwork, dribbling, rebounding, etc.) but intersperses his text with invaluable practical advice -- e.g., "I always say to drive as close to a defender as possible. If he reacts and moves back into that lane, he will commit a foul." There is also a great emphasis on team play, and how to encourage kids to pass and play a team game. I have played and coached basketball for twenty five years. While this book covers enough basics for a novice, it also contains many valuable insights that I use in coaching a 12 and under youth program today.

I have coached kids (boys and girls) in basketball of ages 4-12, this book provided the best information on what to do and what to expect. Particularly, the part of patience, repetition/reinforcement, and the fundamentals. The recommended offensive plays (post interchange, wheel, shuffle, etc.) and defensive strategies (whether man-to-man or zone) are excellent. Additionally, the chapters on vision, motivational phrases, and running a practice are worth reading. The author recommends the use of parents during practice time, called "stations" to maximize proper skill development. This book is a must for those interested in coaching youth basketball.

I've read many basketball books. This book, along with Coaching Basketball Successfully by Morgan Wooten, are my favorites. He covers all the individual basics that your player needs to work on like ball-handling, layups, jumpshots, passing, defense, and rebounding. These are things they need to do on their own, else they won't develop the skill. He covers team offense and defense. He provides simple basic concepts. These are applicable to recreational leagues that have limited

practice time.

The book by McCarthy is probably the worst sports book ever written. I had no idea the guy is a lawyer and never played sports. That explained the extreme trivialities covered in the book and the lack of insight concerning the game. He spends more time covering what he calls little differences between girls and boys. He even makes a case for girls and boys playing on the same team, perhaps professionally which is clearly absurd for anyone who has played the game. McCarthy's diagram of the basketball court is horrible and difficult to construe. The most important point, the distance from the floor to the rim is not even provided. The drills, all drills are simply regurgitated from other sources without freshness or improvisation. The high school coach of Pete Maravich would love this book as it is so trivial that a freshman in high school would know everything in this book. If a person has to use this book to coach then DO NOT COACH as you are already incompetent. Some specifics: McCarthy says short jump shots get blocked because they are shot close to the hoop. No one shoots a short jump shot 4-5 feet from the hoop except centers and forwards underneath the basket. He says the hook shot is a big player's shot. Ever hear of Michael Jordan, Pistol Pete, Bob Cousy?? Dribbling is done with the palm; really..fingers control the ball fella. Take a look at some players. In essence, the book is filled with such nonsense. If I could give it a negative 5 stars I would. Then this guy writes about football, and other sports. It is hard to believe the publisher would print this garbage...I sent it back.

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